WINDOW & GUTTER CLEANING SERVICES SW Window & Gutter Cleaning Service

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REBECCA

EDWARDS



Facebook: SW window and gutter cleaning services

- Friendly, professional service at competitive rates.
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YOGA, HEALTH & WELLBEING

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07855 390680

pilates-yoga-lakedistrict.co.uk pilates-yoga-lakedistrict@hotmail.com





Swav With Me Led by Emily Davies

07933144007 emilv.d1307@gmail.com Facebook: emilymoves Instagram/Twitter: @ emilymoves

Seated Dance class aimed at ages 65+ Wednesdays 10:45-11:45am St Oswald's Church Meeting Room £5 per session (Pay As You Go)

Benefits include...

- *Mobilising the joints
- *Activating the muscles
- *Stimulating the mind
- *Socialising with others

...in a positive and encouraging environment.

BURNESIDE POST OFFICE

! Found in the church side corridor

! Mondays, Wednesdays & Fridays 9am-1.45pm (except Bank Holidays)



- Mail
- Bill payments
- Bankina
- Motor Taxation



Christmas Jumper Day 10th Dec

Organised by Save The Children to raise money to help children around the world.

Jane Austen Day 16th Dec

Jane Austen's birthday & a day dedicated to celebrating her life & achievements and to telling as many people as possible about her amazing works.

Wear A Christmas Hat Day 17th Dec

In aid of Brain Tumour Research. Dust off your Christmas hats and spread some cheer with festive fundraising events at home, school, work or in your community.

Panto Day 17th Dec

A day to celebrate that most British of Christmas theatrical traditions - Pantomime!

National Robin Day 21st Dec

An annual nationwide event raising awareness of small birds and other wildlife in winter and how you can help them through this tough time of year.

Winter Begins 21st Dec

The winter solstice represents the beginning of the astronomical winter and is the shortest day - the day with the least daylight.

Christmas Eve 24th Dec

Looking forward to Christmas!

Christmas Day 25th Dec

The Christian festival commemorating the birth of Jesus Christ, which is celebrated around the world in a more secular way to bring some festive cheer to the cold winter months and dark nights.



Boxing Day 26th Dec

Westmorland

The day after Christmas, where traditionally servants were given a 'Christmas box', for good service throughout the year.

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OPENING TIMES

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Dave Crossley 01539 727868 07939147404

hello@daytodave.co.uk www.daytodave.co.uk

Day to Daye is a Kendal business offering a helping hand in your daily life-from the weekly shop to gardening, swimming, travel to appointments, trips out or just perhaps a bit of companionship. Simply contact Dave to find out more.

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OPENING TIMES

Monday-Saturday 7am-8pm

Sunday 7.30am— 7.30pm

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SOCIAL CLUBS **Burneside Cricket Club**

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01539 729910

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